

Morning Chant Sheet:

Maha Prajña Paramita Heart Sutra

Avalokiteshvara Bodhisattva, doing deep Prajña Paramita,
Clearly saw emptiness of all the five conditions
Thus completely relieving misfortune and pain.
O Shariputra, form is no other than emptiness, emptiness no other than form;
Form is exactly emptiness, emptiness exactly form.
Sensation, conception, discrimination, awareness are likewise like this.
O Shariputra, all Dharmas are forms of emptiness:
Not born, not destroyed; not stained, not pure, without loss, without gain.
So in emptiness there is no form, no sensation, conception, discrimination, awareness.
No eye, ear, nose, tongue, body, mind; no color, sound, smell, taste, touch, phenomena.
No realm of sight, no realm of consciousness, no ignorance and no end to ignorance,
No old age and death, and no end to old age and death,
No suffering, no cause of suffering, no extinguishing, no path, no wisdom and no gain.
No gain and thus the Bodhisattva lives Prajña Paramita.
With no hindrance in the mind. No hindrance, therefore no fear.
Far beyond deluded thoughts, this is Nirvana.
All past, present and future Buddhas live Prajña Paramita
And therefore attain Añutara-Samyak-Sambodhi.
Therefore know Prajña Paramita is the great mantra,
The vivid mantra, the best mantra, the unsurpassable mantra
It completely clears all pain. This is the truth not a lie.
So set forth the Prajña Paramita mantra,
Set forth this mantra and say:
Gate Gate Paragate! Parasamgate! Bodhi Svaha! Prajña Heart Sutra.

Refrain

All Buddhas throughout space and time
All Bodhisattva Mahasattvas
Maha Prajña Paramita

Sho Sai Myo Kichijo Dharani

(3 times)

No Mo San Man Da Moto Nan Oh a Ra Chi Koto Sha Sono Nan To Ji To En Gya Gya Gya Ki
Gya Ki Un Nun Shiu Ra Shiu Ra Hara Shiu Ra Hara Shiu Ra Chishu Sa Chishu Sa Chishu Ri
Chishu Ri Sowa Ja Sowa Ja Sen Chi Gya Shiri E Somo Ko

Refrain

All Buddhas throughout space and time
All Bodhisattva Mahasattvas
Maha Prajña Paramita

Enmei Jukku Kannon Gyo

(3 times)

(3 times)

Kan Ze On
Na Mu Butsu
Yo Butsu U In
Yo Butsu U En
Bup Po So En
Jo Raku Ga Jo Cho Nen
Kan Ze On Bo Nen
Kan Ze On Nen Nen
Ju Shin Ki Nen Nen
Fu Ri Shin

Kanzeon!
At one with Buddha
Directly Buddha
Also indirectly Buddha
And indirectly Buddha, Dharma, Sangha.
Joyful pure eternal being!
Morning mind is Kanzeon.
Evening mind is Kanzeon.
Nen, nen arises from Mind
Nen, nen is not separate from Mind

Refrain

All Buddhas throughout space and time
All Bodhisattva Mahasattvas
Maha Prajña Paramita